

# WHEELOCK

PHAR**R**MACY



*“helping you feel better”*

Wheelock Pharmacy has added a vitamin and nutrient section of Professional brands with superior Pharmaceutical quality.

Many of today’s most prevalent health conditions have been directly linked to improper nutrition and poor lifestyle habits. Even small nutritional deficiencies can significantly compromise the overall health of our bodies. Today’s diets are depleted of vitamins, minerals, essential fatty acids and other nutrients due to the decreasing quality of our food supply and busy lifestyles. Combining a healthy diet, exercise, and dietary supplements is the best approach to achieve optimal health.

Current scientific findings indicate that medications can rob your body of essential nutrients. We highly recommend the replacement of these key nutrients. We will provide a comprehensive system that outlines [nutrient depletions](#) and we will recommend formulations that will reestablish the delicate balance of nutrients necessary for optimal health. Feel free to speak with one of our pharmacists.

[Probiotics](#) are defined as naturally occurring, health-enhancing, micro-organisms consumed as a food component or dietary supplement. Modern lifestyles and dietary changes have depleted many of these beneficial micro-organisms. High potency probiotics, often referred to as “good”, “friendly”, or “healthy” bacteria, restrain the growth of harmful bacteria that cause digestive stress. This results in improved digestion and immune system and better absorption of key nutrients, vitamins, and minerals.